



CONFIRMATION OF PARTICIPATION

This is to certify that

Sangeeta Shah

*has completed the Introductory Workshop on Craniosacral Biodynamics,
facilitated by Zia Lambrou (ICSB® - Germany, Switzerland) of
Quanta Health Care Solutions.*

The course contents presented:

- History of CST
- The Biodynamic Model of Health and CST
- Resources and Felt Sense
- Practitioner Fulcrum / Neutral
- Session Protocol
- Breath of Life Concept
- Dynamic stillness
- Primary Respiratory System

Facilitator: Zia Lambrou