



ACCESS CONSCIOUSNESS®

THE BODY

Empowering people to know that they know

*All of Life comes to me with Ease & Joy & Glory!**

ACCESS BODY PROCESS

ACCESS FACE LIFT

Description: An amazing process which reverses the appearance of aging on the face and creates similar effects throughout the body. If done repeatedly (at least 20 times) it appears to be permanent. If the results become less dynamic, run the same energy on the whole body from the feet and then go back to the face.

Location & Procedure:

Step 1: Start with whatever **bars** feel right to you, such as power band/energy pull, implant band and aging toaster, which helps make the client more able to receive the energy of the face lift.

Step 2: Start the face lift process with hands right above the breasts with the thumbs in the supraclavicular space with a gentle tug upwards which creates a feeling of lift in the chest for women.

Step 3: Work your way up from the **chest**, the **front and back of the neck**, and covering all areas of **the face**. Cover the **chin**, the **lower lip**, the **upper lip**, then do the **corner of the nostrils**, **under the eyes** and **over the eyes** with the thumbs. Some key areas are the **inner and out corners of the eyes** and the corner of the nostrils. The lateral side of the eyebrow can take care of most eye wrinkles and crows feet. The last spot is **on top of the head** to pull it together upwards.

Step 4: Close with restructuring of the bodies.

How to Run: Call up the following energies:

- MTVSS & All the Rest
- Cellular Memory
- Connective/Dis-connective Tissue
- Contractual Systems
- Contractual Particulates
- Quantum Particulates
- Light Particulates
- Judgment Particulates
- Degenerative Particulates
- Matter
- No Matter